

CTA FITNESS



JUNE

2026

MON	TUE	WED	THU	FRI	SAT
6:00 PM 1 LIFT: Brian Promo Code: COMBO	6:00 PM 2 TurboKick: Brian Promo Code: TURBO	6:00 PM 3 SHIFT/LIFT: Brian Promo Code: COMBO	6:00 PM 4 RIZE/MIND: Brian Promo Code: COMBO	5	9:00 AM 6 POP Pilates: Jessica Promo Code: POP 9:00AM P90X: Brian Promo Code: P90X
8	6:00PM 9 MetKon Rx: Brian Promo Code: P90X	6:00 PM 10 SPIKED: Brian Promo Code: TURBO	6:00 PM 11 TurboKick: Brian Promo Code: TURBO	12	9:00 AM 13 POP Pilates: Jessica Promo Code: POP 9:00AM SHIFT/MIND: Brian Promo Code: COMBO
15	6:00 PM 16 LIFT: Brian Promo Code: COMBO	6:00PM 17 P90X: Brian Promo Code: P90X	6:00 PM 18 SPIKED HIIT/LIFT: Brian Promo Code: COMBO	19	9:00AM 20 SPIKED: Brian Promo Code: TURBO
22	6:00 PM 23 TurboKick: Brian Promo Code: TURBO	6:00PM 24 MetKon Rx: Brian Promo Code: P90X	6:00 PM 25 Interval Step: Brian Promo Code: STEP	26	9:00 AM 27 POP Pilates: Jessica Promo Code: POP 9:00AM P90X: Brian Promo Code: P90X
29	6:00PM 30 CORE DE FORCE: Brian Promo Code: CORE	6:00 PM 1 SPIKED: Brian Promo Code: TURBO	6:00 PM 2 LIFT: Brian Promo Code: COMBO		

Virtual Classes Available! First Class FREE (Up to 15 Different Classes)

Register: Vagaro App or Online: www.vagaro.com/CTA

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