CTA-CHAMPION FITNESS

April 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Saturday
1	2	3	4	5	6
5:30PM TBW: Bri Promo Code: TBW 6:00PM Cycle Revolution: Brian Promo Code: CYCLEREVOLUTION	 5:30PM Cycle Heat: Bri Promo Code: CYCLE 6:00PM SH1FT/L1FT: Brian Promo Code: COMBO 	6:00PM Interval Step: Brian Promo Code: STEP	6:00PM TurboKick: Brian Promo Code: TURBO	5:30PM STR1KE/L1FT: Brian Promo Code: COMBO	9:00AM POP Pilates: Jessica Promo Code: POP 9:30AM MetKon Rx: Brian
					Promo Code: P90X
8	9	10	11	12	13
5:30PM TBW: Bri Promo Code: TBW 6:00PM R1DE/M1ND:	5:30PM Cycle Heat: Bri Promo Code: CYCLE 6:00PM SPIKED: Brian	<mark>6:00 PM</mark> R1ZE/L1FT: Brian Promo Code: COMBO	6:00PM MetKon Cardio Kore/Core de Force: Brian Promo Code: COMBO	5:30PM P90X: Brian Promo Code: P90X	9:00AM POP Pilates: Jessica Promo Code: POP
Brian Promo Code: COMBO	Promo Code: TURBO				9:30AM TurboKick: Brian Promo Code: TURBO
15 5:30PM TBW: Bri	16	17	18	19	20 9:00AM POP Pilates:
Promo Code: TBW	5:30PM Cycle Heat: Bri Promo Code: CYCLE	6:00 PM SH1FT/L1FT: Brian	6:00PM SPIKED HIIT/P90X: Brian Promo Code: COMBO	<mark>5:30PM</mark> TurboKick: Brian Promo Code: TURBO	Jessica Promo Code: POP
6:00PM Cycle Revolution: Brian Promo Code: CYCLEREVOLUTION	6:00PM Interval Step: Brian Promo Code: STEP	Promo Code: COMBO			9:30AM R1ZE/M1ND: Brian Promo Code: COMBO
22	23	24	25	26	27
5:30PM TBW: Bri Promo Code: TBW 6:00PM R1DE/M1ND: Brian Promo Code: COMBO	 5:30PM Cycle Heat: Bri Promo Code: CYCLE 6:00PM MetKon Rx: Brian Promo Code: P90X 	6:00 PM SPIKED: Brian Promo Code: TURBO	<mark>6:00PM</mark> L1FT: Brian Promo Code: COMBO	5:30PM C1ZE/HIP HOP HUSTLE: Brian Promo Code: HUSTLE	9:00AM POP Pilates: Jessica Promo Code: POP 9:30 AM P90X: Brian Promo Code: P90X
29	30	1	2	3	4
5:30PM TBW: Bri Promo Code: TBW 6:00PM Cycle Revolution: Brian Promo Code:	5:30PM Cycle Heat: Bri Promo Code: CYCLE 6:00PM TurboKick: Brian Promo Code: TURBO	6:00 PM P90X: Brian Promo Code: P90X	6:00PM SH1FT/L1FT: Brian Promo Code: COMBO	5:30PM Cycle Revolution Endurance: Brian Promo Code: CYCLEREVOLUTION	9:00AM POP Pilates: Jessica Promo Code: POP 9:30 AM SPIKED: Brian Promo Code: TURBO

Virtual Classes Available! First Class FREE (Up to 15 Different Classes)

Register: Vagaro App or Online: www.vagaro.com/CTA

304-291-3547 check us out - Instagram: cta.fitness Facebook: CTA Champion Fitness