

CTA FALL 2022 – SPRING 2023 TUMBLING & ALL STAR SCHEDULE

SEPTEMBER 6TH, 2022 – MAY 19TH, 2023

INTRO TO TOTS: AGES 3-4
WEDNESDAY 4:30PM-5:30PM
TOTALLY TOTS: AGES 4-5
WEDNESDAY 5:30PM-6:30PM
THURSDAY 4:30PM-5:30PM
THURSDAY 5:30PM-6:30PM
THURSDAY 6:30PM-7:30PM
LITTLE PIXIES: AGES 4-6
WEDNESDAY: 6:30PM-7:30PM
BEGINNING
MONDAY 4:30PM-5:30PM
TUESDAY 6:30PM-7:30PM
WEDNESDAY 6:30PM-7:30PM
FRIDAY 5:00PM-6:00PM
ADVANCED BEGINNING
MONDAY 5:30PM-6:30PM
TUESDAY 4:30PM-5:30PM
WEDNESDAY 7:30PM-8:30PM
BASIC BACK HANDSPRING
MONDAY 5:30PM-6:30PM
WEDNESDAY 4:30PM-5:30PM
THURSDAY 6:30PM-7:30PM
ADVANCED BACK HANDSPRING
MONDAY 6:30PM-7:30PM
TUESDAY 5:30PM-6:30PM
INTRO TO TUCKS
MONDAY 7:30PM-8:30PM
TUESDAY 7:30PM-8:30PM
ADVANCED TUCKS
MONDAY 4:30PM-5:30PM
THURSDAY 7:30PM-8:30PM
LAYOUTS
MONDAY 6:30PM-7:30PM
THURSDAY 5:30PM-6:30PM
INTRO TO FULLS
MONDAY 7:30PM-8:30PM
WEDNESDAY 5:30PM-6:30PM
ADVANCED FULLS
MONDAY 7:30PM-8:30PM
WEDNESDAY 5:30PM-6:30PM

OPEN GYM: AGES 6-18
FRIDAY 4:00PM-5:00PM
COLLEGE OPEN GYM: AGES 18+
WEDNESDAY 8:30PM-9:30PM
TINY ELITE – COSMIC CUTIES
TUESDAY 5:00PM-7:00PM
SUNDAY 12:00PM-2:00PM
MINI ELITE – REBEL ROCKETS
WEDNESDAY 5:00PM-7:00PM
SUNDAY 1:30PM-3:30PM
JUNIOR 2 ELITE – SPITFIRE
TUESDAY 7:00PM-9:00PM
THURSDAY 5:00PM-7:00PM
JUNIOR 3 ELITE – FLY GIRLS
WEDNESDAY 7:00PM-9:00PM
SUNDAY 3:00PM-5:00PM
SENIOR 4 ELITE – BLACK OPS
THURSDAY 7:00PM-9:00PM
SUNDAY 5:00PM-7:00PM
OPEN TEAM
WEDNESDAY 8:30PM-10:30PM
SUNDAY 7:00PM-9:00PM
JUNIOR PREP – BLUE ANGELS
SATURDAY 9:00AM-11:00AM
MINI NOVICE – MINI MARVELS
SATURDAY 11:00AM-1:00PM
TINY NOVICE – TWINKLES
FRIDAY 5:00PM-6:30PM

Closed

September 5th, 2022
 November 24th-25th, 2022
 December 24th, 2022 – January 1st, 2023
 April 7th, 2023

Fall Session: September 6th, 2022 – November 25th, 2022

Winter Session: November 28th, 2022 – February 24th, 2023

Spring Session: February 27th, 2023 – May 19th, 2023



CTA- Champion Training Academy



@CTAALLSTARS

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